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## Legislative Assembly of Saskatchewan

## **DEBATES** and **PROCEEDINGS**

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## **University Students Offer Healthy Food**

**Mr. Forbes**: Thank you, Mr. Speaker. It's my pleasure to rise in the Assembly today to recognize a new project at the University of Saskatchewan. A group of students at the university has set up a table selling healthy food to people in the Health Sciences Building. It's a place where lots of staff, students, and especially patients and their families are often hustling through and under a lot of stress, and they don't have much access to healthy food.

Tatiana Rac is a medical student with the group. And she told CBC News that, and I quote:

There is limited availability within this building. We have a Tim Hortons, which is very delicious, and also a vending machine, which is also very delicious, but sometimes instead of that second or third doughnut of the day, it'd be nice to have an apple, a banana, or an avocado.

We all know, Mr. Speaker, that proper nutrition plays an important role in helping stressed people deal with their anxieties and helping sick people to heal and get better. I know that there are many other places in our province where it's tough to find healthy food, particularly in places with poverty and inequality.

So I ask all members of the Assembly to join me in recognizing the important work of Erin Beresch, Tatiana Rac, Sarah Finch, Jennifer Peterson, and everyone else at the U of S [University of Saskatchewan] who helped make this program a success and to remember that so much more needs to be done to make sure everyone across our province has access to healthy food. Thank you, Mr. Speaker.